

Skylon Bar & Grill Breakfast Menu

Monday - Sunday 7 am - 10:30 am

Full Irish Breakfast €17.00 | Kids Breakfast €7.50 Continental Selection €12.00

Hot Buffet

12 THICK BACON

PORK SAUSAGES 1. 12

BLACK & WHITE PUDDING 1, 12

GRILLED TOMATOES

BUTTERED MUSHROOMS

CRISPY HASH BROWNS 1, 3, 12

BAKED BEANS

PORRIDGE 1.7

3 FRIED EGG

SCRAMBLED EGGS 3.7

*POACHED OR BOILED EGGS

AVAILABLE ON REQUEST

*SMOKED SALMON & SCRAMBLED

EGG - ON REQUEST 3. 4. 7

Cold Buffet

NATURAL YOGHURT 7

WILD BERRY COMPOTE

SELECTION OF

COLD MEATS 10, 12

SELECTION OF

CHEESES 7, 8, 9 10

FRESH FRUIT SALAD

SELECTION OF FRUITS

SELECTION OF YOGURTS 7

GRAPEFRUIT, PRUNES

Gluten Free (On Request)

GLUTEN-FREE BREAD, SCONES,

MUFFINS 3.7.8.11

GLUTEN-FREE SAUSAGES 12

PORRIDGE

Preserves

RASPBERRY, STRAWBERRY, HONEY, MARMALADE, NUTELLA, DAIRY BUTTER, LOW BUTTER

Cereals

RICE KRISPIES MUESLI

CORNFLAKES 1.7

WEETABIX 1.7

COCO POPS 1.7

Bread & Pastries

SELECTION OF WHITE, BROWN, OR

WHOLEMEAL BREAD 1,3,7,8,11

BUTTER CROISSANTS 1,3,7,8,11

PAIN AU CHOCOLAT 1,3,7,8,11

FRUIT SCONE 1,3,7,8,11

DANISH SELECTION 1.3

Cold Beverages

ORANGE JUICE

APPLE JUICE

CRANBERRY JUICE

STILL/SPARKLING WATER

SOY MILK 6.7

LOW-FAT MILK 7

ALMOND MILK

Hot Beverages

7 IRISH BREAKFAST TEA

SELECTION OF HERBAL TEAS

AMERICANO 7 CAPPUCCINO 7

LATTE 6.7 ESPRESSO

DOUBLE ESPRESSO

MOCHA 7 HOT CHOCOLATE

1= Gluten 2 = Crustaceans 3= Eggs 4= Seafood 5= Peanuts 6= Soya 7= Dairy 8= Tree Nuts 9= Celery 10= Mustard 11= Sesame 12= Sulphur Dioxide 13= Lupin 14= Mollusc